

THE SILENCE OF THE LAMBS

WEEK SEVEN

Your PDF reflection pages are private and always your own. Community questions are shared at the end of the month and are completely optional

Where in your life are you being asked to enter uncomfortable spaces in order to become more fully yourself?

How do you protect your inner compassion while setting necessary emotional or spiritual boundaries?

What parts of your story or past still echo like unresolved voices?

When you encounter darkness — in others or in yourself — how do you respond?
