

JACOB

WEEK SIX

Your PDF reflection pages are private and always your own. Community questions are shared at the end of the month and are completely optional

When have you realized that the way you were trying to get ahead was pulling you further away from the life you truly wanted?

What fears surface when you consider letting go of shortcuts or patterns that once helped you feel in control?

Have you ever reached a moment where honesty—especially with yourself—felt like the first real step toward change? What did that moment reveal?

If transformation is possible, what would a more honest, grounded version of your life look like moving forward?
