

WHEN HARRY MET SALLY

WEEK ONE

Your PDF reflection pages are private and always your own. Community questions are shared at the end of the month and are completely optional

In what ways have you changed emotionally since your last meaningful relationship?

Are there parts of you that still resist vulnerability or closeness? Why?

How do friendship and emotional safety shape your view of love?

What version of yourself are you becoming as you move into this new season?
